9755 Rustic Road Missoula, Mt 59802 July 14, 1999 1702 '99 SEP -9 M0:04 2604 '99 AUG -3 P1:51

Jane Henney, M.D. Commissioner Food and Drug Administration 5600 Fishers Lane, Room 1471 Rockville, MD 20857

RE: Saw Palmetto

Dear Ms. Henney,

I am writing this letter to say that I am in favor of the FDA promptly approving claims filed for saw palmetto and the symptoms of benign prostatic hyperplasia; psyllium husk seeds and the risk of heart disease; folic acid, vitamin B6 and vitamin B12 and cardiovascular disease; and vitamin E and risk of cardiovascular disease.

For too many years, Americans have been lied to by the FDA, various government agencies, unscrupulous manufacturers and our current medical communities. Fortunately there are professionals that have broken away from this travesty and have gotten the truth out to people. Our health care system is in disarray, people are ill and dying unnecessarily, and there are alternatives to the unnecessary drugs and surgeries that are standard fare because of the "money factor."

I do not advocate scrapping our medical professionals and the pharmaceuticals, for they are as essential as the alternative medicines. I do however, urge the FDA to take the clinical research on alternative methods as a necessary and positive part of every person's health care needs, and to also aggressively research all promising alternatives.

Sincerely,

James and Sherry Connolly

Copy: Dr. Julian Whitaker

997-3029

CROSS FILE SHEET

File Number:

99P-3029/33

See File Number: 99P.3030/33